

SANDWICHES & BRUNCH 12-3PM

**EGGS BENEDICT** 11  
 poached eggs • hollandaise • toasted muffin  
 + your choice of two... avocado° • bacon  
 • chorizo • ham • spinach°

**SUNNY PANCAKES** 8EA  
 maple & bacon  
 blueberries & honey°  
 yoghurt & fruit compote°

ON SEEDED BROWN BLOOMER, CIABATTA OR SOURDOUGH WITH SIDE SALAD

**HOT ROAST SANDWICH** 9.5  
 proper gravy • see specials for today's choice

**BACON, BRIE & CRANBERRY** 8.5  
 back bacon • sliced brie • cranberry sauce

**HALLOUMI, AVOCADO & TOMATO CHILLI JAM°** 9  
 grilled halloumi • smashed avocado • lettuce  
 • tomato • chilli jam

**PBBLT\*** 8.5  
 plant based 'bacon' • lettuce • tomato • 'mayo'

**PLOUGHMAN'S** 8.5  
 honey mustard ham • Lancashire cheese  
 • rocket • tomato • sweet pickle

**POSH FISH FINGERS** 9.5  
 Lancaster Blonde beer battered fish goujons  
 • tartare sauce • rocket

THE  
 MENU  
 SERVED DAILY

☎ 01524 66006

WWW.THESUNHOTELANDBAR.CO.UK

MON - SAT 12 - 3PM & 4 - 9PM | SUN & BANK HOLS 12 - 8PM

SIDES

**HALLOUMI BITES°** 6  
**TWICE COOKED CHIPS°** 5  
**POSH CHIPS • TRUFFLE OIL • PARMESAN** 6.5  
**SHOESTRING FRIES°** 5  
**BAKED HOUSE BREADS • HERB BUTTER • BALSAMIC OIL\*** 5.5  
**MARINATED ROSEMARY & GARLIC OLIVES\*** 6  
**HOUSE SALAD BOWL\*** 4.5  
**HOUSE VEGETABLE BOWL\*** 4.5

SMALL PLATES

ORDER AS STARTERS, SHARERS OR SNACKS...

**LANCASTER BEER BATTERED HALLOUMI FRIES°** 10  
 paprika salt • sweet chilli sauce

**SPICED CARROT & LENTIL SOUP\*** 7  
 • sourdough • whipped herb 'butter'

**LEMON & HERB HUMMUS\*** 8  
 crispy chickpeas • crushed nuts • ciabatta

**WHOLEGRAIN RAREBIT & PARMA HAM** 8.5  
 black garlic ketchup • sourdough

**MUSSELS** 8.5  
 creamy white wine garlic sauce  
 • seeded brown bread • lemon & garlic butter

**WILD MUSHROOM ARANCINI\*** 8.5  
 rocket & almond pesto • 'parmesan'

KIDS 6.5EA

**SMASH BEEF BURGER**  
 cheeseburger • toasted muffin • fries

**CHICKEN GOUJONS**  
 fries • greens

**PLANT BASED BANGERS & MASH\***  
 greens • gravy

**BANGERS & MASH**  
 peas • gravy

**FISH & CHIPS**  
 mushy peas

**TOMATO & CHEESE PASTA°**  
 garlic bread

**HAM OR CHEESE° SANDWICH**  
 soft brown bloomer • fries

SERVICE: PLEASE PLACE YOUR ORDER AT THE BAR OR PRESS YOUR TABLE BUZZER IF AVAILABLE AND WE'LL COME TO YOU. DON'T WORRY ABOUT TABLE NUMBERS - THERE AREN'T ANY!

WE COOK EVERYTHING FRESH TO ORDER SO THERE MAY BE A WAIT AT PEAK TIMES. WE'LL DO OUR BEST TO KEEP YOU INFORMED BUT REST ASSURED, WE'LL ALWAYS BE WORKING AS FAST AS WE CAN!

Food allergies and/or intolerances: please let us know of any and all food allergies/intolerances when placing your order, even if they do not seem relevant to the dish you are ordering. We prepare all food in areas where allergens are handled so cannot guarantee there will be no cross-contamination. If you would like to see our allergen menu, wish to discuss the ingredients we use or whether we can make substitutions to dishes please ask a member of staff.

PLANT BASED\* VEGETARIAN°

## SHARING PLATES

ALL SERVED WITH BREAD, BUTTER, OIL &amp; DIPS

**CARNIBOARD** 35

7oz hanger steak • chicken schnitzel • Cumberland sausage • black pudding • proper gravy • posh fries

**SMORGASBORD** 30

local cheese • cured meats • hummus • olives • crackers • grapes • cornichons • chutney

**EARTH & TURF\*** 32.5

soy &amp; chilli 'sausages' • wild mushroom arancini • sesame roasted root vegetables • avocado • plum &amp; walnut salad • olives • hummus • shoestring fries

**STEAK & ALE PROPER PUFF PIE** 19.5

Lancaster Black ale braised chuck &amp; shin beef • grain mustard mashed potato • seasonal vegetables • silverskin onions • bone marrow gravy

**FISH & CHIPS** 17.5

catch of the day • Lancaster Blonde beer batter • twice cooked chips • mushy peas • tartare sauce

**SCHNITZ & FRITES** 19.5

aged parmesan • truffle mayo • shoestring fries

**BURGERS ALL SERVED WITH PRETZEL BUN**  
• SHOESTRING FRITES • ROCKET • TOMATO**BEER CHEESE SMASH BURGER** 17.5

two smashed patties • Lancaster Blonde cheese sauce • crispy onions • gherkins

**BUTTERMILK CHICKEN BURGER** 17.5

chilli &amp; honey halloumi • smashed avocado • sweet chilli mayo

**STICKY BBQ MOVING MOUNTAINS BURGER\*** 17

'bacon' • avocado • crispy onions • 'mayo'

**SPICED APPLE & CINNAMON CRUMBLE\*** 7

almond crumb • vanilla pod 'ice cream'

**LEMON PANNA COTTA** 7

lemon gel • Grantham ginger crumb

**STICKY TOFFEE PUD°** 7

Lancaster Black beer &amp; toffee sponge • toffee sauce • toffee crunch ice cream

**WHITE CHOCOLATE & AMARETTO CHEESECAKE°** 7

vanilla ice cream • red fruit compote

**CHEESE PLATE°** 12

trio of local cheeses • crackers • grapes • house chutney

**WALLINGS ICE CREAM°** 2PER SCOOP

please ask for today's flavours

## CLASSIC PLATES

## PUDS

THE  
MENU  
SERVED DAILY

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## SIGNATURE PLATES

**STEAK FRITES** 19.5hanger steak • frites • rocket salad  
+ your choice of sauce ...  
• bernaise • peppercorn • black & blue • chimichurri**CHICKEN BALLOTINE** 21parma ham • smoked cheddar • spinach •  
peppercorn sauce • truffled parmesan dauphinoise  
• tenderstem broccoli**SHORT RIB OF BEEF** 23Lancaster Black ale • petits pois à la française  
• horseradish mash • parma ham crisp**CONFIT DUCK LEG, WALNUT & PLUM SALAD** 18.5salad leaves • crispy potatoes • peppers  
• honey & thyme balsamic dressing**GOATS CHEESE & PEA RISOTTO°** 18

balsamic • spinach • crispy onion

**LANCASHIRE HOTPOT** 19.5slow cooked lamb in Lancaster Amber ale  
• hotpot potatoes • braised red cabbage**MARKET FISH** 20see specials board for today's market fish  
• king prawns • crispy baby potatoes  
• spiced tomato & pepper sauce • wilted spinach & herb oil**BUTTERNUT SQUASH LINGUINI\*** 18spinach • sage • red pepper • pumpkin seeds  
• olives • chimichurri

## ROAST DINNERS

SERVED EVERY SUNDAY 17.5EA

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