

SANDWICHES & BRUNCH 12-3PM

EGGS BENEDICT poached eggs • hollandaise • toasted muffin + your choice of two... avocado° • bacon • chorizo • ham • spinach°	11
SUNNY PANCAKES maple & bacon blueberries & honey° yoghurt & fruit compote°	8EA

ON SEEDED BROWN BLOOMER, CIABATTA OR SOURDOUGH WITH SIDE SALAD

HOT ROAST SANDWICH proper gravy • see specials for today’s choice	9.5
BACON, BRIE & CRANBERRY back bacon • sliced brie • cranberry sauce	8.5
HALLOUMI, AVOCADO & TOMATO CHILLI JAM grilled halloumi • smashed avocado • lettuce & tomato • chilli jam	9
PBBLT* plant based ‘bacon’ • lettuce • tomato • ‘mayo’	8.5
PLOUGHMAN’S honey mustard ham • Lancashire cheese • rocket • tomato • sweet pickle	8.5
POSH FISH FINGERS Lancaster Blonde beer battered fish goujons • tartare sauce • rocket	9.5

SMALL PLATES

ORDER AS STARTERS, SHARERS OR SNACKS...	
LANCASTER BEER BATTERED HALLOUMI FRIES° paprika salt • sweet chilli sauce	10
MUSHROOM SOUP* sherry • thyme • sourdough • whipped herb ‘butter’	7
LOADED BEETROOT HUMMUS* crispy chickpeas • crushed nuts • ciabatta	8
WHOLEGRAIN RAREBIT & PARMA HAM black garlic ketchup • sourdough	8.5
CIDER & BACON MUSSELS garlic cream • seeded brown bread	8.5
SESAME PARSNIP, ROCKET & BULGUR WHEAT SALAD* beetroot • chickpeas • tahini & lemon dressing	8.5

THE MENU SERVED DAILY

☎ 01524 66006
WWW.THESUNHOTELANDBAR.CO.UK
MON - SAT 12 - 3PM & 4 - 9PM | SUN & BANK HOLS 12 - 8PM

SIDES

HALLOUMI BITES°	6
TWICE COOKED CHIPS°	5
POSH CHIPS • TRUFFLE OIL • PARMESAN	6.5
SHOESTRING FRIES°	5
BAKED HOUSE BREADS • HERB BUTTER • BALSAMIC OIL*	5.5
MARINATED ROSEMARY & GARLIC OLIVES*	6
HOUSE SALAD BOWL*	4.5
HOUSE VEGETABLE BOWL*	4.5

KIDS 6.5EA

SMASH BEEF BURGER cheeseburger • toasted muffin • fries
CHICKEN GOUJONS fries • greens
PLANT BASED BANGERS & MASH* greens • gravy
BANGERS & MASH peas • gravy
FISH & CHIPS mushy peas
TOMATO & CHEESE PASTA° garlic bread
HAM OR CHEESE° SANDWICH soft brown bloomer • fries

SERVICE: PLEASE PLACE YOUR ORDER AT THE BAR OR PRESS YOUR TABLE BUZZER IF AVAILABLE AND WE’LL COME TO YOU. DON’T WORRY ABOUT TABLE NUMBERS - THERE AREN’T ANY!

WE COOK EVERYTHING FRESH TO ORDER SO THERE MAY BE A WAIT AT PEAK TIMES. WE’LL DO OUR BEST TO KEEP YOU INFORMED BUT REST ASSURED, WE’LL ALWAYS BE WORKING AS FAST AS WE CAN!

Food allergies and/or intolerances: please let us know of any and all food allergies/intolerances when placing your order, even if they do not seem relevant to the dish you are ordering. We prepare all food in areas where allergens are handled so cannot guarantee there will be no cross-contamination. If you would like to see our allergen menu, wish to discuss the ingredients we use or whether we can make substitutions to dishes please ask a member of staff.

PLANT BASED* VEGETARIAN°

CLASSIC PLATES

SHARING PLATES

ALL SERVED WITH BREAD,
BUTTER, OIL & DIPS

SURF & TURF 32.5

fish goujons • chilli & garlic king prawns
• hanger steak • chicken schnitzel
• twice cooked chips

SMORGASBORD 30

Local cheese • cured meats • hummus
• olives • crackers • grapes
• cornichons • chutney

EARTH & TURF* 30

sesame roasted root vegetables
• avocado & bulgur salad • hummus •
• soy & chilli ‘sausages’ • shoestring fries

STEAK & ALE PROPER PUFF PIE 19.5

Lancaster Black ale braised chuck & shin beef
• grain mustard mashed potato • seasonal vegetables
• silverskin onions • bone marrow gravy

FISH & CHIPS 17.5

catch of the day • Lancaster Blonde beer batter
• twice cooked chips • mushy peas • tartare sauce

CHICKEN SCHNITZEL 19

aged parmesan • truffle mayo • shoestring fries

**BURGERS ALL SERVED WITH PRETZEL BUN •
SHOESTRING FRIES • ROCKET • TOMATO**

BEER CHEESE SMASH BURGER 17.5

two smashed patties • Lancaster Blonde cheese
sauce • crispy onions • gherkins

BUTTERMILK CHICKEN BURGER 17.5

chilli & honey halloumi • smashed avocado
• sweet chilli mayo

STICKY BBQ MOVING MOUNTAINS BURGER* 17

‘bacon’ • avocado • crispy onions • ‘mayo’

PUDS

SPICED APPLE & CINNAMON CRUMBLE* 7

almond crumb • vanilla pod ‘ice cream’

MANGO & COCONUT PANNA COTTA° 7

caramelised mango • ginger crumb

STICKY TOFFEE PUD° 7

Lancaster Black beer & toffee sponge
• toffee sauce • toffee crunch ice cream

WALLINGS ICE CREAM° 2PER SCOOP

please ask for today’s flavours

THE
MENU

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SIGNATURE PLATES

STEAK FRITES 19

best served medium rare • hanger steak • frites
+ your choice of sauce ...
• peppercorn • black & blue • chimichurri

CHICKEN BALLOTINE 21

parma ham • smoked cheddar • spinach
• peppercorn sauce • truffled parmesan dauphinoise
• tenderstem broccoli

PORK BELLY 19

Asian miso ramen • rice noodles • soy egg
• chilli vegetables

GOATS CHEESE & PEA RISOTTO° 18

balsamic • spinach • crispy onion

MARKET FISH 20

leek, bacon & butterbean cassoulet
• mussel meat • herb oil

BUTTERNUT SQUASH LINGUINI* 17.5

spinach • sage • red pepper • pumpkin seeds
• chimichurri

DARK CHOCOLATE CHEESECAKE° 7

chocolate sauce • berry compote • triple chocolate ice cream

CHEESE PLATE° 12

trio of local cheeses • crackers • grapes • house chutney

ROAST DINNERS

SERVED EVERY SUNDAY 17.5EA

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