

SANDWICHES & BRUNCH 12-3PM

EGGS BENEDICT 11
 poached eggs • hollandaise • toasted muffin
 + your choice of two...
 avocado^o • bacon • spiced tofu^o • halloumi^o •
 ham • spinach^o

SUNNY PANGAKES 8.5EA
 maple & bacon
 blueberries & honey^o
 banoffee^o
 strawberries & chocolate^o

ON SEEDED BROWN BLOOMER OR CIABATTA
 WITH A SIDE OF VEGETABLE CRISPS

STEAK & ONION 9
 mustard mayo • rocket

LEMON & THYME HUMMUS* 8
 pickled raisins • rocket • peppers

AVO CLUB* 9
 avocado • 'bacon' • lettuce • tomato • citrus 'mayo'

CHICKEN, SMOKED CHEDDAR & BACON 9
 black garlic ketchup

PLOUGHMAN'S 8
 honey mustard ham • Lancashire cheese
 • salad • sweet pickle

POSH FISH FINGERS 9
 Lancaster Blonde beer battered fish
 goujons • tartar sauce • rocket

SMALL PLATES

ORDER AS STARTERS, SHARERS OR SNACKS...

ROASTED CARROT & TAHINI SOUP* 6.5
 za'atar chickpeas • sourdough • 'butter'

BEETROOT, PLUM & PECAN SALAD* 8.5
 pomegranate • mint • vinaigrette

SMOKED CHEDDAR RAREBIT^o 8.5
 truffled wild mushrooms • sourdough toast
 • red onion marmalade

LOADED HUMMUS* 7.5
 lemon & thyme hummus • crispy chickpeas • rocket

MUSSELS 8.5
 creamy white wine garlic sauce • parsley • house bread

SALT & PEPPER CALAMARI 8.5
 chilli lime mayo

CHICKEN WINGS 8.5
 BBQ • mayo

BLACK PUDDING & GOATS' CHEESE BON BONS 8.5
 sweet chilli • baby leaf salad

SERVICE: PLEASE PLACE YOUR ORDER AT THE BAR OR PRESS YOUR
 TABLE BUZZER IF AVAILABLE AND WE'LL COME TO YOU. DON'T WORRY
 ABOUT TABLE NUMBERS - THERE AREN'T ANY!

THE
 MENU
 SERVED DAILY

☎ 01524 66006

WWW.THESUNHOTELANDBAR.CO.UK

MON - SAT 12 - 3PM & 4 - 9PM | SUN & BANK HOLS 12 - 8PM

SIDES

CAJUN HALLOUMI FRIES • CITRUS MAYO^o 6.5

TWICE COOKED CHIPS^o 4

SHOESTRING FRIES^o 4

POSH CHIPS • TRUFFLE OIL • PARMESAN 6.5

HONEY MUSTARD CHIPOLATAS • MUSTARD MAYO 6.5

BAKED HOUSE BREADS • LEMON & GARLIC BUTTER
 • BALSAMIC OIL^o 5.5

MARINATED ROSEMARY & GARLIC OLIVES* 5.5

HOUSE SALAD BOWL* 4

HOUSE VEGETABLE BOWL* 4

ROAST DINNERS

SERVED EVERY SUNDAY
 £16EA

KIDS

6.5 EA

SMASH BEEF BURGER
 cheese • toasted muffin • fries

CHICKEN GOUJONS
 fries • beans

BANGERS & MASH
 peas • gravy

FISH & CHIPS
 garden peas

SWEETCORN RISOTTO*
 hidden veg

HAM OR CHEESE^o SANDWICH
 brown bloomer • fries

WE COOK EVERYTHING FRESH TO ORDER SO THERE MAY BE A WAIT AT
 PEAK TIMES. WE'LL DO OUR BEST TO KEEP YOU INFORMED BUT REST
 ASSURED, WE'LL ALWAYS BE WORKING AS FAST AS WE CAN!

Food allergies and/or intolerances: please let us know of any and all food allergies/intolerances when placing your order, even if they do not seem relevant to the dish you are ordering. We prepare all food in areas where allergens are handled so cannot guarantee there will be no cross-contamination. If you would like to see our allergen menu, wish to discuss the ingredients we use or whether we can make substitutions to dishes please ask a member of staff.

PLANT BASED* VEGETARIAN^o

CLASSIC PLATES

SHARING PLATES

ALL SERVED WITH BREAD, OIL & DIPS

CARNI BOARD 30

schnitzel • BBQ chicken wings • minute steak
• black pudding • chipolatas • shoestring fries

FISHY ON A DISHY 30

fish goujons • king prawns • mussels • salt & pepper calamari • twice cooked chips

SMORGASBORD 27.5

hummus • cured meats • Lancashire cheeses
• grapes • crackers • chutneys • gherkins
• olives • slaw

EARTH & TURF* 27.5

onion bhaji • hummus • charred tenderstem
• fries • slaw • olives • beetroot • plum & pecan salad
• smashed avocado

STEAK & ALE PROPER PUFF PIE 18

Lancaster Black ale braised chuck steak
• silverskin onions • champ mash
• seasonal veg • proper gravy

CHICKEN & CHORIZO PROPER PUFF PIE 18

smoked cheese • paprika • champ mash
• seasonal veg • proper gravy

FISH & CHIPS 17

haddock fillet • Lancaster Blonde beer batter
• twice cooked chips • mushy peas • tartar sauce

FAKE 'FISH' & CHIPS^o 17

halloumi • Lancaster Blonde beer batter
• twice cooked chips • mushy peas
• sweet chilli sauce

FAKER 'FISH' & CHIPS* 16.5

onion bhaji • twice cooked chips • curry salt
• mushy peas • lime 'mayo'

BURGERS ALL SERVED ON A PRETZEL BUN

• LETTUCE • TOMATO • HOUSE SLAW
• SHOESTRING FRIES •

SUNNY SMASH BURGER 16.5

two smashed patties • bacon • cheese
• gherkins • black garlic ketchup

BUTTERMILK CHICKEN BURGER 16.5

smoked cheese • gherkins • mayo

SIRACHA GLAZED MOVING MOUNTAINS BURGER* 16

crispy onions • citrus 'mayo'

GRILLED HALLOUMI BURGER^o 16

avocado • romesco sauce

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SIGNATURE PLATES

CHICKEN SCHNITZEL 18

truffle oil • shoestring fries • parmesan
• salsa verde mayo

BACON TOMAHAWK 19

apple & fennel salad • wholegrain mustard
pomme purée • bramley jus

LAMB SHOULDER 21

dauphinoise potatoes • wild mushroom
& tomato cassoulet • jus

MARKET FISH 19

provençal tomato sauce • green beans
• parmentier potatoes • herb oil

SEAFOOD TAGLIATELLE 19

haddock • king prawns • mussels
• chive cream sauce • parmesan

8^{oz} SIRLOIN STEAK 27

flat cap mushroom • confit tomato
• charred tenderstem • tarragon & garlic butter
• twice cooked chips • peppercorn sauce

CELERIAC & HAZELNUT RISOTTO* 18

parsnip crisps • spinach • pickled raisins

POTATO PAVE & WHIPPED GOATS' CHEESE^o 19

roast butternut squash • crispy sage
• pomegranate dressing

PUDS

SPICED FRUIT CRUMBLE* 7

vanilla pod 'ice cream'

LEMON POSSET^o 7

baked white chocolate • meringue • raspberry

STICKY TOFFEE PUD^o 7

Lancaster Black beer & toffee sponge
• toffee sauce • toffee crunch ice cream

WALLINGS ICE CREAM^o 2PER SCOOP

please ask for today's flavours

DARK CHOCOLATE DELICE^o 7

pistachio ice cream

CHEESE PLATE^o 11

trio of local cheeses • crackers • grapes
• house chutney

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