

BREAKFAST MENU

Served Monday – Friday 7.30-11am | Saturday 8-11am | Sunday & Bank Hols 8.30-11am

EGGS BENEDICT £10.50

- eggs • hollandaise
- muffin +two: • avocado°
- bacon • chorizo • ham • spinach°

THE SUN FULL ENGLISH £12

- bacon • pork sausage
- egg • tomato • beans
- mushrooms • black pudding • toast

PLANT BASED BREKKIE* £11

- tofu • plant based sausage • tomato • spinach
- mushrooms • beans • peppers • avocado toast

GARDEN

BREAKFAST° £11

- halloumi • tomato • mushrooms • beans • peppers • avocado toast • rocket • egg

BUBBLE & SQUEAK £8

- fried egg

ON TOAST

- eggs° £6.50
- avocado* £6.50
- bacon £6.50

FRITTATA £10

- pepper & spinach°
- chorizo & pea

SMOKED KIPPERS £9

- kippers • egg
- bread • butter

BREAKFAST

PANCAKES° £7

- honey & blueberries
- chocolate & strawberry
- banoffee

SUNSHINE ACAI

BOWL* £7

- acai smoothie
- granola • fruit

SHAKSHUKA° £9

- baked eggs • North African-style tomato sauce
- bread

ADD ONS

- Avocado* £2
- Bacon £2.50
- Beans* £1
- Black Pudding £1.50
- Halloumi° £3
- Eggs° £2
- Mushrooms* £1.50
- Sausages £3
- Scrambled tofu* £2.50
- Tomato* £2
- Plant based sausages* £2.50

If you suffer from any food allergies or intolerances and need more information about the ingredients we use, please speak to a member of staff. We need to know about food allergies even if they do not seem relevant to the dish you choose.

* **Vegan**

° **Vegetarian**

All breakfast meals above include a hot and cold drink from our breakfast bar.

BREAD

- Toast & Preserves° £2
- Croissant & Jam° £2

GRANOLA JAR* £3.50

- yoghurt • fruit
- granola

Book your room directly with us and receive complimentary breakfast during your stay!

www.thesunhotelandbar.co.uk