

THE MENU

- SERVED DAILY -

MON - SAT 12 - 3PM & 4 - 9PM | SUN & BANK HOLS 12 - 8PM

PLANT BASED* VEGETARIAN^o

• BRUNCH & LUNCH •

SERVED 12-3PM

LOADED HASH BROWN 11

avocado • poached egg • chilli • crispy onions
bacon • seeds • nuts

OR

avocado • scrambled tofu • oinkless bacon
• crispy onions • chilli • seeds • nuts *

EGGS BENEDICT 10.5

poached eggs • hollandaise • toasted
muffin + your choice of two...
• avocado^o • bacon • chorizo • ham
• spinach^o

SUN SANDWICHES

On doorstep brown or ciabatta bread
with a side of crisps

minute steak 9

• crispy onions • wholegrain mustard mayo

ploughmans 8

• ham • cheese • salad • sweet pickle

chorizo & halloumi 9

• spiced tomato chutney

chicken & bacon 9

• fried egg

Lancaster Blonde fish goujons 9

• tartar sauce

beetroot hummus* 8

• pickled veg • red onions • kale

avocado club* 8

• oinkless bacon • lettuce • tomato • mayo

• SMALL PLATES •

ORDER AS STARTERS, SHARERS OR SNACKS

PEA & MINT SOUP* 6.5

pea • mint • spring onion •
sourdough • plant-based butter

CONFIT DUCK 9

crispy hen egg • kale • harissa aioli

KING PRAWNS 9

smoked paprika & chorizo butter
• sourdough

CRISPY CORN FRITTER* 8.5

green chilli & coriander salsa •
chipotle cream

COD CHEEK SCAMPI 8.5

saffron & garlic aioli • lemon &
black pepper salt

LOADED HUMMUS* 7

beetroot & hazelnut hummus •
olives • onions • balsamic • ciabatta

SIDES

FOR WHEN YOU NEED A BIT ON THE SIDE...

CAJUN HALLOUMI FRIES • CHILLI MAYO^o 6

CHIPS • LEMON & BLACK PEPPER SALT^o 4

POSH CHIPS • TRUFFLE • PARMESAN 6

HONEY MUSTARD CHIPOLATAS • MUSTARD MAYO 5.5

HOUSE VEG BOWL^o 4

BREAD • OIL • BUTTER^o 3.5

OLIVES* 4.5

HOUSE SALAD* 3.5

• SWEET PLATES •

FOR WHEN YOU NEED A SWEET FINISH

PANNA COTTA 7

rhubarb & ginger • ginger shortbread
biscuit

STICKY TOFFEE PUD^o 7

Lancaster Black beer & toffee sponge •
toffee sauce • vanilla ice cream

CHEESE PLATE^o 10

trio of Lancashire cheeses • crackers •
chutney

BLONDIE BERRY MESS^o 7

meringue • chocolate soil • berry gel •
chantilly cream

CHOCOLATE DUO* 7

cake • truffle • hazelnut • strawberry &
yuzu ice cream • strawberry textures

SERVICE: PLEASE PLACE YOUR ORDER AT
THE BAR OR PRESS YOUR TABLE BUZZER IF
AVAILABLE AND WE'LL COME TO YOU.
DON'T WORRY ABOUT TABLE NUMBERS -
THERE AREN'T ANY!

WE COOK EVERYTHING FRESH TO ORDER SO
THERE MAY BE A WAIT AT PEAK TIMES. WE'LL DO
OUR BEST TO KEEP YOU INFORMED BUT REST
ASSURED, WE'LL BE WORKING AS FAST AS WE
CAN AT ALL TIMES!

WWW.THESUNHOTELANDBAR.CO.UK

☎ 01524 66006

Food allergies and/or intolerances: please let us know of any and all food allergies/intolerances when placing your order, even if they do not seem relevant to the dish you are ordering. We prepare all food in areas where allergens are handled so cannot guarantee there will be no cross-contamination. If you would like to see our allergen menu, wish to discuss the ingredients we use or whether we can make substitutions to dishes please ask a member of staff.

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- SERVED DAILY -

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PLANT BASED* VEGETARIAN^o

• BIG PLATES •

ORDER AS A MAIN COURSE

WHOLE CORNISH SOLE 18 baked on the bone • new potatoes • spring veg • caper & spicy tomato butter	SHORT RIB OF BEEF 20 potato terrine • spring cabbage • bourguignon sauce	DANSAK CURRY * 15 lentil • chickpea • pineapple • cauliflower • tenderstem broccoli • tomato • pepper • spinach • coconut • lime & coriander rice
ROASTED CHICKEN 17 fondant potato • artichoke puree • spring veg • truffle & tarragon sauce	SUNNY FISH PIE 16 veloute fish sauce • parmesan mashed potatoes • bread • butter	
COD FILLET 19 crushed potatoes • pea puree • charred tenderstem broccoli • lemon butter sauce	LAMB SHOULDER 19 black garlic mashed potatoes • crispy onions • jus	

• MAIN PLATES •

ORDER AS A MAIN COURSE

BARN BURGER 16 7oz beef burger • bacon • cheese • crispy onions • mustard mayo	FELLSIDE BURGER 16.5 minted lamb • halloumi • spiced tomato chutney
ALLOTMENT BURGER* 14 hazelnut falafel • avocado • onions • harissa mayo	PLANT BASED BURGER* 14.5 meatless burger • oinkless bacon • snoutless sausage • mayo
ALL BURGERS SERVED ON BRIOCHE WITH HOUSE SLAW & CHIPS	
FISH & CHIPS 15 catch of the day • Lancaster Blonde beer batter • chips • mushy peas • tartar sauce	FAKE "FISH" & CHIPS^o 15 halloumi • Lancaster Blonde beer batter • chips • sweet chilli
CHICKEN CAESAR SALAD 15.5 anchovies • egg • croutons • bacon • parmesan	LOADED SALAD* 13 leaves • kale • chickpeas • tenderstem broccoli • nuts • seeds • olives • croutons • peppers • dressing

• SHARING PLATES •

A SHARING PLATTER FOR TWO OR
A VERY BIG MEAL FOR ONE

CARNI-BOARD 30 12oz pork porterhouse chop • minute steak • black pudding • chipolatas • peppercorn sauce • chips
SUN SMORGASBORD 27.5 Lancashire cheeses • serrano ham • house cooked ham • chorizo • egg • pickled veg • hummus • olives • gherkins • slaw
FISHY ON A DISH 30 Lancaster Blonde beer battered fish goujons • king prawns • scampi • mini fish pie • mushy peas • chips • tartar sauce
EARTH & TURF* 27.5 loaded hash • beetroot hummus • corn fritters • hazelnut falafel • charred veg • harissa mayo • veg crisps

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