

# FOOD MENU



SERVED 12-3PM & 4-9PM MON-SAT | 12-8PM SUN & BANK HOLS

## SUNNY SMALL PLATES ORDER AS STARTERS, SNACKS OR SHARERS

<b>CHICKEN SCHNITZEL ESCALOPE</b> · ROCKET & PARMESAN SALAD · GARLIC & LEMON BUTTER	£7.50
<b>SMOKED MACKEREL PATE</b> · TOASTED SOURDOUGH · HORSERADISH BUTTER	£6.50
<b>BLACK PUDDING SCOTCH EGG</b> · ONION PURÉE · BOIS BODRAN SAUCE	£7.00
<b>ROASTED SOUS VIDE CAULIFLOWER</b> · TAHINI · MINT & CHIVE OIL	£6.50
<b>SOUP OF THE DAY</b> · CHEF'S HOMEMADE SOUP · DOOR STOP BREAD & BUTTER	£5.00
<b>LOADED HUMMUS</b> · HUMMUS · RED ONION · POMEGRANATE · OLIVES · CIABATTA · CHILLI OIL	£6.00
<b>WILD MUSHROOM LINGUINE</b> · TRUFFLE OIL · CREAM · PARMESAN	£6.50
<b>KING PRAWNS</b> · GRILLED SOURDOUGH · GARLIC & CHILLI BUTTER	£7.50

## GOURMET SHARING PLATES A BIG MEAL FOR ONE, A SHARING BOARD FOR TWO

<b>SUN SMORGASBORD</b> · CREAMY LANCASHIRE CHEESE · GARSTANG BLUE CHEESE · PARMA HAM · CHORIZO · SMOKED SALMON · OLIVES · HUMMUS · BREAD · OILS · DIPS	£22.00
<b>RAISE THE STEAK</b> · 12OZ SIRLOIN STEAK · DAUPHINOISE POTATOES · TWICE COOKED CHIPS · SEASONAL GREENS · TOMATOES · HOUSE SLAW · GARLIC & CHILLI BUTTER · MUSTARD MAYO · <b>UPGRADE TO SURF &amp; TURF ADD KING PRAWNS +£6</b>	£30.00
<b>PLENTY MORE FISH</b> · FISH GOUJONS · KING PRAWNS · SMOKED MACKEREL PATE · SMOKED SALMON · TWICE COOKED CHIPS · MUSHY PEAS · TARTAR SAUCE · LEMON · BREAD · BUTTER	£22.00
<b>CARNI-BOARD</b> · CHICKEN SCHNITZEL · BLACK PUDDING SCOTCH EGG · PIGS-IN-BLANKETS · BOURBON PULLED PORK · TWICE COOKED CHIPS · SWEET POTATO FRIES · HOUSE SLAW · SALAD · DIPS	£24.00
<b>PLANT-BASED BOARD</b> · WILD MUSHROOM & TRUFFLE BRUSCHETTA · HUMMUS · OLIVES · BABA GANOUSH · CRISPY CHICKPEAS · SEASONAL SEEDED GREENS · PISTACHIO FALAFEL · APRICOTS · GRAPES · TOASTED CIABATTA · OILS · VEGENAISE DIPS	£20.00

## SIDE PLATES A BIT ON THE SIDE OR FOR WHEN YOU FANCY NIBBLES

PIGS IN BLANKETS · MUSTARD MAYO	£5.00	VEGETABLE CRISPS · HUMMUS	£5.00
HALLOUMI FRIES · CHILLI MAYO	£6.00	BREAD · BUTTER · BALSAMIC	£4.50
TWICE COOKED CHIPS	£2.50	OLIVES	£3.50
SWEET POTATO FRIES	£3.00		

## BIG PLATES ORDER ONE PLATE EACH OR AS A MAIN COURSE FOLLOWING A SMALL PLATE

<b>STEAK &amp; ALE SUET PUDDING</b> · MASHED POTATOES · SEASONAL GREENS · BONE MARROW JUS	£13.00	
<b>CHICKEN &amp; PEPPERCORN</b> · PAN FRIED CHICKEN BREAST · WILD MUSHROOMS · DAUPHINOISE POTATOES · SEASONAL GREENS · PEPPERCORN SAUCE	£14.00	
<b>FILLET OF SEABASS</b> · BURNT ONION PUREE · KING PRAWNS · CRUSHED JERSEY ROYALS · CITRUS WHITE WINE SAUCE	£15.00	
<b>FISH &amp; CHIPS</b> · CATCH OF THE DAY · LANCASTER BLONDE BEER BATTER · TWICE COOKED CHIPS · MUSHY PEAS · TARTAR SAUCE	£13.00	
<b>FAKE "FISH" &amp; CHIPS</b> · BATTERED SPICED HALLOUMI · TWICE COOKED CHIPS · MUSHY PEAS · CHILLI MAYONNAISE	£12.50	
<b>WILD GARLIC &amp; BEETROOT RISOTTO</b> · GOATS CHEESE · PUMPKIN SEEDS · POACHED EGG	£13.00	
<b>SPICED AUBERGINE</b> · SOUS VIDE AUBERGINE · TURMERIC & COCONUT SAUCE · CASHEW BUTTER · CRISPY KALE · BEETROOT PUREE	£13.00	
<b>SUN SALAD BOWL</b> · MIXED SALAD · SEASONAL VEGETABLES · NUTS · SEEDS · HOUSE DRESSING · CROUTONS	£8.00	
·ADD CHORIZO +£3	·ADD KING PRAWNS +£5	·ADD CHICKEN +£4
·ADD SEABASS +£5	·ADD PISTACHIO FALAFEL +£3	·ADD HALLOUMI +£3

## SUNNY BURGERS ALL SERVED WITH LETTUCE, TOMATO, & TWICE COOKED CHIPS

<b>BARN BURGER</b> · 7OZ BEEF BURGER · CHILLI TOMATO JAM · GHERKIN · BACON · CREAMY LANCASHIRE CHEESE · MUSTARD MAYO · BRIOCHE BUN · HOUSE SLAW	£13.50
<b>COOP BURGER</b> · PANKO CHICKEN · CHORIZO · CHEESE · GARLIC MAYO · BRIOCHE BUN · HOUSE SLAW	£13.50
<b>ALLOTMENT BURGER</b> · FALAFEL · SPINACH · AVOCADO · CRISPY CHICKPEAS · VEGENAISE MAYO · CIABATTA	£13.00

## SWEET PLATES FOR WHEN YOU'VE STILL GOT ROOM...

<b>STICKY TOFFEE PUDDING</b> · CARAMEL SAUCE · VANILLA ICE CREAM	£6.50
<b>ORANGE &amp; GINGER CRÈME BRÛLÉE</b> · SHORTBREAD BISCUIT	£6.50
<b>CHOCOLATE &amp; PISTACHIO TART</b> · RASPBERRY SORBET	£6.50
<b>APPLE &amp; BERRY CRUMBLE</b> · ALMOND CRUMB · VANILLA ICE CREAM	£6.50
<b>CHOCOLATE BROWNIE</b> · VEGAN BROWNIE · DAIRY FREE ICE CREAM	£6.50

If you suffer from any food allergies and/or food intolerances and wish to know more about the ingredients we use, please speak to a member of staff. We need to know about all food allergies even if they do not seem relevant to the dish you are ordering.

We're keeping our menu short, simple yet tasty at the moment whilst our kitchen team find their feet after lockdown. Please bear with us if it's particularly busy - we promise we're going as fast as we can. Social distancing measures mean the number of people we can have in the kitchen at any one time has been vastly reduced.