

# BREAKFAST MENU



THE  
**SUN**  
HOTEL & BAR

## THE SUN FULL ENGLISH £11.50

Two rashers of smoked bacon, two pork sausages, an egg, tomato, black pudding, mushrooms, beans and potato hash. Served with toast, plus a hot and cold drink from our breakfast bar.

## THE SUN NOT QUITE SO FULL ENGLISH £8.50

A rasher of smoked bacon, a pork sausage, an egg, tomato, mushrooms, beans and potato hash. Served with toast, plus a hot and cold drink from our breakfast bar.

Need some more? Add extra fried bread, white pudding or double up on items + £1.50 each

## THE SUN VEGGIE BREAKFAST **V** £8.50

Veggie sausages, veggie pudding, an egg, tomato, mushrooms and potato hash. Served with toast, plus a hot and cold drink from our breakfast bar.

## SUNSHINE AÇAÍ BOWL **VG** £6.00

Mixed seed granola layered with a blueberry, strawberry, banana and açai smoothie (made with coconut milk) Topped with fresh fruit.

## SUN SUPER SMOOTHIE **VG** £4.50

A banana, strawberry, blueberry and spinach smoothie. Made with coconut milk.

## INDIVIDUAL BREAKFAST BAR ITEMS

£1.00 Each - A choice from our cereals, fruits, yoghurts, hot and cold drinks.

All the below items are served with a hot and a cold drink from our breakfast bar:

## OMELETTE £9.00

Three egg omelette with potato hash and beans. Your choice of two fillings...

Tomato **V**

Cheese **V**

Mushrooms **V**

Bacon

Ham

Additional fillings +£1.00 each

## EGGS BENEDICT £9.00

Poached eggs served on a toasted English muffin layered with bacon. Topped with homemade hollandaise sauce and lightly grilled.

Swap out bacon for: Ham, smoked salmon or spinach. **V**

Half&half - your choice of two from the above selection

## HOT SMOKED SALMON & SCRAMBLED EGGS £7.50

on a toasted English muffin

## EGGS ON TOAST **V** £5.50

Two eggs done as you like on hot buttered toast.

## SMOKED KIPPERS £7.50

With a poached egg and bread and butter

## CONTINENTAL PLATE £7.50

Tasty Lancashire cheese and roasted ham with a croissant or toast. Served with butter and preserve.

## TOFU ON TOAST **VG** £7.50

Scrambled tofu with wilted greens and grilled tomato on sour dough toast with avocado butter.



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We prepare each breakfast to order so regrettably at peak service times there may be a bit of a wait. We'll always try to keep you updated when placing your order but please bear with us and rest assure our kitchen team are going as quick as they can.

If you suffer from any food allergies or intolerances and would like more information about our ingredients please ask a member of staff for our allergen menu.

**V** Vegetarian

**VG** Vegan