

# THE SUN

THE  
**SUN**  
HOTEL & BAR

## NIBBLES

BREAD BOARD £4.50

Locally baked bread served with olive oil and balsamic

DIPPING BOARD £5.50

Oven baked ciabatta with dipping pots of tomato chutney, hummus and balsamic olive oil

OLIVES £3.00

Selection of market olives

VEGETABLE CRISPS £3.00

Homemade vegetable crisps served with hummus

## STARTERS

SOUP OF THE DAY £4.50

Please see the Specials Board for today's two homemade soups.

Served with doorstop bread and butter

BLACK & BLUE MUSHROOMS £5.50

Sautéed button mushrooms in a Garstang Blue cheese and black pepper sauce.

Served with a side of garlic bread

PORK BELLY £6.00

Crispy roast pork belly with a pulled pork bon bon, apple sauce and pea shoots

SCOTCH EGG £6.00

Homemade black pudding and Cumberland sausage scotch egg served with tomato chutney

SUN WINGS £6.00

Buttermilk fried chicken wings with a side of sweet chilli sauce

FISHCAKES £6.50

Breaded crab and cod fishcakes served with salad leaves and a green onion, tomato and lime salsa

## MAINS

FISH & CHIPS £12.50

Fresh haddock coated in Lancaster Blonde beer batter, served with hand cut chips, fresh peas and homemade tartar sauce

ROASTED PORK BELLY £13.50

Slow roasted pork belly with a ham hock fritter, black pudding and crackling.

Served on a bed of mashed potato with an apple jus

GRILLED SEABASS £13.00

Seabass fillet with Morecambe Bay shrimp risotto, roasted fennel and pea shoots

MACKEREL NICOISE £12.50

Charred fillet of mackerel with a salad of new potatoes, green beans and roasted tomatoes.

Finished with a poached egg and a citrus dressing

LANCASHIRE CHEESE & ONION TART £11.00

Served with roasted vine tomatoes, sweet potato fries and fresh salad leaves

MUSHROOM & SPINACH RISOTTO £11.00

Creamy risotto rice with wild mushrooms, wilted spinach and baked goats cheese

LAMB CUTLETS £14.00

Grilled lamb cutlets served with a mini pulled lamb shepherd's pie, roasted carrots, cabbage and peas. Finished with a mint jus

CUMBERLAND SAUSAGE £13.00

Served with borlotti beans and chorizo, sage mash and a sun blush tomato pesto

LINGUINE £11.00

Roasted butternut squash linguine with garden peas and kale

CHICKEN BREAST £12.50

Cumin spiced chicken breast with a side of spiced butter chicken gravy.

Served with homemade coleslaw and sweet potato fries

CONFIT DUCK LEG £12.00

Honey roasted confit duck leg with fondant potato, seasonal greens and a blackberry jus

SUN SALAD £11.00

Pan seared chicken breast or salmon fillet or halloumi served on a bed of salad with roasted vine tomatoes and a charred corn mayonnaise

SEAFOOD BOARD £16.00

Smoked mackerel pate, crayfish and shrimp cocktail, smoked salmon and mini fish & chips.

Served with tartar sauce, fresh lemon and doorstop brown bread and butter

## 10OZ CLUB

Steaks are served with grilled plum tomato, sautéed mushrooms, beer battered onion rings, skinny fries and a house salad.

10OZ SIRLOIN £18.95

10OZ RIBEYE £19.95

Add a sauce £2.50 extra Pepper, Diane or Blue Cheese

## BURGERS

All burgers are served on an oven baked ciabatta with beer battered onion rings and skinny fries.

SUN BURGER £13.00

Two 5oz beef burgers topped with bacon, Lancashire Tasty cheese, gherkins, beef tomato, baby gem lettuce and spicy tomato chutney

HUNTSMAN £14.00

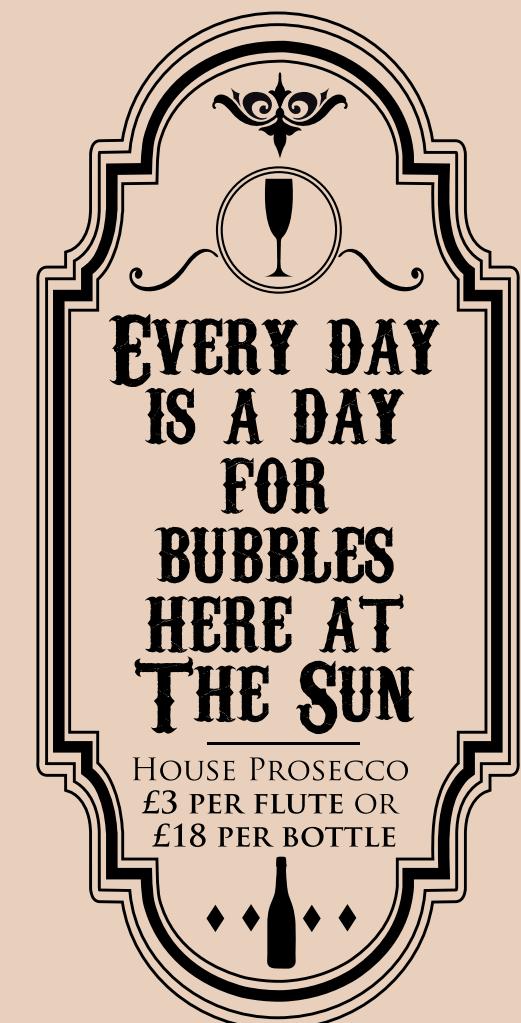
Two 5oz minced game burgers topped with bacon, smoked cheese, gherkins, beef tomato, baby gem lettuce and caramelised red onion

CHICKEN £12.50

Chicken breast marinated in basil and garlic topped with chorizo, mozzarella, gherkins, beef tomato and baby gem lettuce

HALLOUMI £11.50

Grilled halloumi stacked with grilled mushroom, beetroot slaw, roasted hazelnut and a truffle mayonnaise



## SERVICE!

TAKE A SEAT AND ORDER AT THE BAR WHENEVER YOU ARE READY.

DON'T WORRY ABOUT TABLE NUMBERS THERE AREN'T ANY!

IF YOU PREFER YOU CAN OPEN A TAB AND MAKE THE MOST OF OUR TABLE SERVICE WHEN OUR TABLE CARDS ARE OUT.



All our dishes are prepared to your order and regrettably at peak times there may be a bit of a wait. We will always do our best to let you know. We work closely with local suppliers to ensure top quality produce comes into our kitchen so we can provide tasty home cooked food on each and every plate.



## SERVICE TIMES

### BREAKFAST

Mon-Fri 7.30-10.30, Sat 8-11 & Sun & Bank Holidays 8.30-11

### LUNCH

Mon-Sat 12-3pm Sun & Bank Holidays 12-8pm

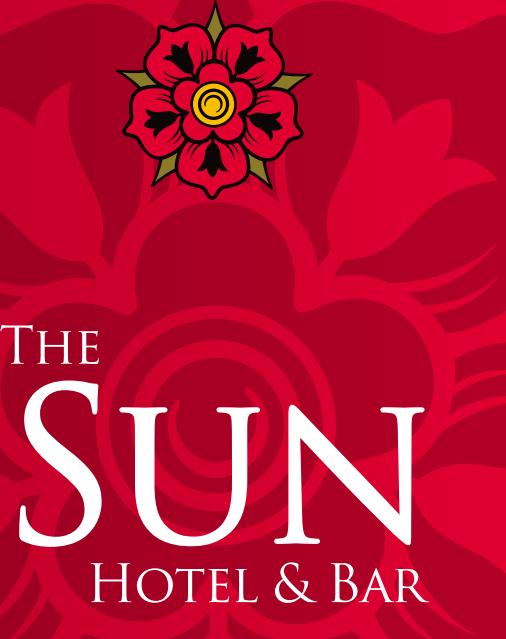
### DINNER

Mon-Thu 4-9pm, Fri 4-8pm, Sat 4-8pm & Sun 12-8pm\*

\*Please note we may need to finish serving food earlier on Bank Holiday Sundays.

IF YOU SUFFER FROM ANY FOOD ALLERGIES OR INTOLERANCES AND WOULD LIKE TO FIND OUT MORE ABOUT THE INGREDIENTS WE USE PLEASE ASK A MEMBER OF STAFF FOR OUR ALLERGEN MENU.

# SUN JUKE BOX



## SUN POSH BUTTIES

*Served with beef tomato and lettuce on ciabatta or doorstop brown bread with a house salad pot on the side.*

BACON & BRIE £7.50

Smoked bacon and grilled brie with spicy tomato chutney

CHILLI CHICKEN £8.50

Breaded chicken fillet topped with chilli monster cheese and a garlic herb mayonnaise

GOATS CHEESE £7.50

Grilled goats cheese served with caramelised red onion, homemade pesto and fresh rocket leaves

CHEESE ON TOAST £6.50

Toasted ciabatta topped with a Lancashire cheese and Lancaster Blonde beer rarebit

PULLED PORK £8.50

Pulled pork with bean sprouts and a pickled cucumber relish

STEAK & CHEESE £8.50

Strips of beef with Colliers mature cheddar, fresh watercress and a horseradish mayonnaise

SMOKED SALMON £8.50

Hot smoked salmon with capers, fresh rocket leaves and garlic aioli

FISH GOUJONS £8.00

Lancaster Blonde beer battered strips of cod with homemade tartar sauce and fresh rocket

HAM & CHEESE £6.50

Honey roasted ham with Lancashire Tasty cheese and a pickled onion relish

## CHEESE & DELI BOARDS

3 ITEMS £12.00 OR 6 ITEMS £20.00

*All boards are served with a single basket of doorstop brown bread or oat crackers with a side of spicy tomato chutney or pickled onions.*

SMOKED LANCASHIRE

SUN BLUSH TOMATOES

TASTY LANCASHIRE

HUMMUS

COLLIERS MATURE

SWEET PEPPERS

CHEDDAR

SMOKED SALMON

GARSTANG BLUE

WHITEBAIT

LE ROULE

PARMA HAM

CASHEL BLUE

SALAMI

BRIE

PATE

CHILLI MONSTER

HONEY ROAST HAM

WENSLEYDALE WITH

CRANBERRIES

## SIDES

HANDCUT CHUNKY CHIPS £2.00

SKINNY FRIES £2.00

SWEET POTATO FRIES £3.00

BEER BATTERED ONION RINGS £2.50

BASKET OF BREAD £2.50

BASKET OF OAT CRACKERS £2.00

EXTRA TOMATO CHUTNEY £1.50

EXTRA PICKLED ONIONS £1.50

HOUSE SALAD BOWL £2.50

## KIDS

MINI BURGER & FRIES £6.50

HAM OR CHEESE TRIANGLE SANDWICHES WITH A SIDE OF VEGETABLE

CRISPS AND SALAD POT £6.50

MINI FISH & CHIPS £6.50

MINI SAUSAGE & MASH WITH GRAVY £6.50

MINI SUN SALAD WITH CHICKEN OR SALMON OR HALLOUMI £6.50

## DESSERTS

LANCASTER BLACK STICKY TOFFEE PUDDING £6.00

With salted caramel sauce and vanilla ice cream

BAKED CHOCOLATE BROWNIE £6.00

Served with red wine poached pear and vanilla ice cream

BREAD & BUTTER PUDDING £6.00

With a vanilla custard and double jersey ice cream

LEMON CURD CHEESECAKE £6.00

Served with a seasonal fruit coulis and raspberry sorbet

ICE CREAM £4.00

Three scoops of your choice from our selection of ice cream and sorbet.

Served with a wafer and fresh fruit coulis

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## JUKE BOX



You can use your phone to log on and select songs from our playlist. You just need to text **Juke Sun** to **63333** to receive the link

TEXTS CHARGED AT STANDARD NETWORK RATES



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