

MENU

STARTERS

BREAD BOARD £4.50

Locally baked artisan bread served with olive oil and balsamic

DIPPING BOARD £5.50

Oven baked ciabatta with dipping pots of tomato chutney, hummus and balsamic olive oil

SALMON FISH CAKE £6.50

Smoked and poached salmon fish cakes served with a wasabi mayonnaise and pickled white cabbage

SUN WINGS £6.00

Spiced chicken wings coated in panko crumb with a chilli, honey and soy dip

SCOTCH EGG £6.00

Locally sourced free range egg, encased in a chick pea and sun blushed tomato crust. Served with a garlic and parsley dip

BLACK & BLUE MUSHROOMS £5.50

Sautéed button mushrooms in a Garstang Blue cheese and black pepper sauce with a side of garlic bread

PORK BELLY £6.00

Crispy roasted pork belly with Cornerstone cider syrup and an apple fritter

MAINS

FISH AND CHIPS £12.00

Fresh haddock coated in Lancaster Blonde beer batter served with hand cut chips, fresh peas and tartar sauce

LINGUINE £11.50

With wild mushrooms, fresh spinach, truffle oil and Parmesan

BLACK BEAN CHILLI £11.50

Sweet potato and black bean chilli served with basmati rice and garlic bread

CUMBERLAND SAUSAGE £13.00

Served with grain mustard mashed potatoes and kale. Finished with a sweet onion and pancetta gravy

SICHUAN COD £12.50

Crispy cod fillets served with crushed new potatoes, baby gem salad and a soy and ginger dressing

SWEET PEPPER RISOTTO £10.00

Creamy risotto scented with lemon and soft herbs, topped with grilled halloumi

LAMB CUTLETS £13.00

With pesto mashed potatoes, green beans and a black olive and tomato jus

POTATO CURRY £12.00

Bombay potato and butter beans served in a roasted pepper and spinach curry sauce. Served with basmati rice

CHICKEN BREAST £12.50

Grilled chicken breast with dauphinoise potatoes, fresh peas, smoked bacon and a light cream sauce

SEABASS £12.00

Served with mashed sweet potatoes, confit tomatoes and a citrus infused chorizo jus

ROASTED PORK BELLY £13.50

Slow roasted pork belly with a ham hock fritter, black pudding and crackling. Served on a bed of mashed potatoes with an apple jus

PLOUGHMANS LUNCH £10.00

Garstang Blue and Lancashire Tasty cheeses served with pickled onions, tomato chutney and fresh apple. Served with chunky bread and butter. Add honey roast ham £2.00 extra

SUN SALAD £10.00

Indian spiced salmon or chicken on a bed of crisp leaves, beef tomato, sweet peppers and baby corn. Served with a tomato mayonnaise

10OZ CLUB

Steaks are served with grilled plum tomato, sautéed mushrooms, beer battered onion rings, skinny fries and a house salad.

10OZ SIRLOIN £18.95

10OZ RIBEYE £19.95

Add a sauce £2.50 extra Pepper, Diane or Blue Cheese

BURGERS

All burgers are served on an oven baked ciabatta with beer batter onion rings and skinny fries.

SUN BURGER £13.00

Two 5oz burgers topped with bacon, Smoked Lancashire cheese, gherkins, beef tomato, baby gem lettuce and spicy tomato chutney.

HUNSTMAN £14.00

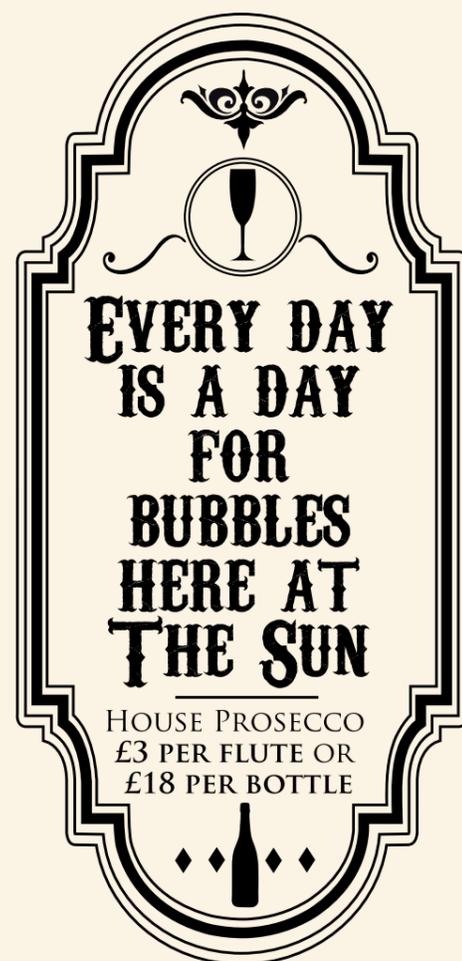
Two 5oz minced game burgers topped with bacon, Garstang Blue cheese, gherkins, beef tomato, baby gem lettuce and spicy tomato chutney.

CHICKEN £12.50

Seasoned breast of chicken topped with bacon, mature cheddar, gherkins, beef tomato, baby gem lettuce and a tarragon mustard mayonnaise.

HALLOUMI £11.50

Grilled halloumi stacked with roasted sweet and sour vegetables, hummus, beetroot relish, gherkins and beef tomato.



SERVICE!

TAKE A SEAT AND ORDER AT THE BAR WHENEVER YOU ARE READY.

DON'T WORRY ABOUT TABLE NUMBERS THERE AREN'T ANY!

IF YOU PREFER YOU CAN OPEN A TAB AND MAKE THE MOST OF OUR TABLE SERVICE WHEN OUR TABLE CARDS ARE OUT.

All our dishes are prepared to your order and regrettably at peak times there may be a bit of a wait. We will always do our best to let you know. We work closely with local suppliers to ensure top quality produce comes into our kitchen so we can provide tasty home cooked food on each and every plate.

SERVICE TIMES

BREAKFAST

Mon-Fri 7.30-10.30, Sat 8-11 & Sun & Bank Holidays 8.30-11

LUNCH

Mon-Sat 12-3pm Sun & Bank Holidays 12-8pm

DINNER

Mon-Thu 4-9pm, Fri 4-8pm, Sat 4-8pm & Sun 12-8pm*

*Please note we may need to finish serving food earlier on Bank Holiday Sundays.

IF YOU SUFFER FROM ANY FOOD ALLERGIES OR INTOLERANCES AND WOULD LIKE TO FIND OUT MORE ABOUT THE INGREDIENTS WE USE PLEASE ASK A MEMBER OF STAFF FOR OUR ALLERGEN MENU.

MENU

SUN POSH BUTTIES

- BACON AND BRIE £7.00
Smoked bacon and grilled brie with spicy tomato chutney
- CHILLI CHICKEN £8.50
Breaded chicken fillet topped with Chilli Monster cheese and a garlic herb mayonnaise
- GOATS CHEESE £7.50
Grilled goats cheese, served with caramelised red onion, homemade pesto and fresh rocket
- CHEESE ON TOAST £6.50
Toasted ciabatta topped with Colliers mature cheddar cheese and a Lancaster Blonde rarebit
- FISH GOUJONS £8.00
Lancaster Blonde beer battered strips of cod with homemade tartar sauce and fresh rocket
- PULLED PORK £8.50
Pulled pork with crisp salad leaves and Asian style coleslaw
- CRAYFISH COCKTAIL £8.50
Crayfish tails with guacamole and a spicy marie rose sauce
- HAM AND CHEESE £6.50
Honey roast ham and Lancashire Tasty cheese with crisp leaves and a chilli jam
- STEAK SANDWICH £8.50
Strips of beef with caramelised onions, crisp leaves and a mustard mayonnaise.

SOUPS

£4.50 EACH
Served with brown bread and butter.
Please check the Special's Board for today's two soup flavours.

- CREAM OF CARROT AND CORIANDER
OVEN ROASTED TOMATO AND BASIL
GREEN PEA AND HAM
CAULIFLOWER AND WHITE ONION

CHEESE & DELI BOARDS

3 ITEMS £12.00 OR 6 ITEMS £20.00
All boards are served with a single basket of doorstep brown bread or oat crackers with a side of spicy tomato chutney or pickled onions.

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| SMOKED LANCASHIRE | SUN BLUSH TOMATOES |
| TASTY LANCASHIRE | HUMMUS |
| COLLIERS MATURE | SWEET PEPPERS |
| CHEDDAR | SMOKED SALMON |
| GARSTANG BLUE | WHITEBAIT |
| LE ROULE | PARMA HAM |
| CASHEL BLUE | SALAMI |
| BRIE | PATE |
| CHILLI MONSTER | HONEY ROAST HAM |
| WENSLEYDALE WITH | |
| CRANBERRIES | |

SIDES

- HAND CUT CHUNKY CHIPS £2.00
SKINNY FRIES £2.00
BEER BATTER ONION RINGS £2.50
BASKET OF BREAD £2.50
BASKET OF OAT CRACKERS £2.00
EXTRA TOMATO CHUTNEY £1.50
EXTRA PICKLED ONIONS £1.50
HOUSE SALAD BOWL £2.50

KIDS

- MINI BURGER & FRIES £6.50
HAM OR CHEESE TRIANGLE SANDWICHES £6.50
MINI FISH & CHIPS £6.50
MINI SAUSAGE & MASH £6.50

DESSERTS

- £6.00 EACH
- LANCASTER BLACK STICKY TOFFEE PUDDING
With salted caramel sauce and vanilla ice cream
- HOMEMADE BREAD AND BUTTER PUDDING
With marmalade syrup and vanilla custard
- CHOCOLATE TRUFFLE MOUSSE
Served with a white chocolate sauce and black cherry
- BAKED VANILLA CHEESECAKE
With blueberry compote
- BANOFFEE TORTE
Served with baileys cream and caramel ice cream



JUKE Box



You can use your phone to log on and select songs from our playlist. You just need to text **Juke Sun** to **63333** to receive the link

TEXTS CHARGED AT STANDARD NETWORK RATES



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THE
SUN
HOTEL & BAR